



O MŌHIIOHIO HAUORA

**- me mōhio ki oū
motika matatapu**



Privacy Commissioner
Te Mana Matapono Matatapu

He pēhea te tiaki ō mōhiohio hauora?

Ka whakahaere te Tikanga Mātātapu Mōhiohio Hauora i te āhua e whaihangatia ai ō pūkete. Tekau mā rua ngā ture o te Tikanga e whakahaere ana i te āhua e kohikohia ai, e whakamahia ai, e whākina ai hoki ō mōhiohio hauora e ngā tāngata i te rāngai hauora.

Mēnā kei te mōhio koe ki ū motika, ka āhei koe te āwhina kia noho haumaru ō mōhiohio.

He aha te mōhiohio hauora, ā, ko wai mā ngā tāngata kei tētahi umanga hauora?

Ko ngā kōrero katoa e puritia ana e tō tākuta, e tētahi atu umanga hauora rānei ngā mōhiohio hauora.

Ka whai wāhi ki ngā umanga hauora ngā hohipera, ngā kairī ACC, ngā kairī hauora rānei.

Kei roto i ngā mōhiohio hauora ngā ūta rongoā, ngā tuhipoka, ngā tautuhi, ngā otinga whakamātautau me ngā pūkete o ngā kōrerorero.

Me pupuri ō mōhiohio kia haumaru?

Āe. Me whai haumarutanga whaitake ngā umanga hauora katoa mō ū mōhiohio.

Ka whai wāhi ki ēnei te whakarite kia ngita ngā pūkete rorohiko, te whai pouaka raka mō ngā kōnae pepa, te whai whakaaetanga matatapu ki ngā kaimahi whakahaere, me te āta whakawātea i ngā mōhiohio kua kore e hiahiatia.

Ko wai ka kite i ō mōhiohio hauora?

Ka kitea ō mōhiohio hauora e ngā tākuta, ngā tapuhi me ngā mātanga hauora e tiaki ana i a koe kia taea ai te atawhai i runga i te tōtika me te haumaru.

Ka āhei hoki ngā tāngata e mahi ana mō ngā umanga hauora pēnei i ngā Poari Hauorā ā-Rohe, te ACC, te Manatū Hauora rānei te kite i ō mōhiohio mēnā ka hiahiatia hei āwhina i a koe, hei whakamahere me te whakahaere ratonga.

Ka āhei pea ētahi atu tāngata te kite i ō pūkete, pēnei i:

- ō mātua, kaitiaki rānei mēnā kei raro i te 16 ū tau
- tētahi kaitaunaki mōu mēnā kei te mauri moe koe, mēnā kāore e taea e koe te hoatu whakaaetanga (pēnei i tētahi kei a ia te mana ā-ture mōu)
- tō kamupene rīanga mēnā kua whakaae kē koe
- tētahi whakahaere uruhi ture pēnei i ngā Pirihimana.

Me whāki atu ngā umanga hauora ki a koe i ngā tāngata ka kite i ō mōhiohio hauora, me te take anō. Ki te kore koe e tino mōhio ka ahatia ō mōhiohio, uia tō tākuta, tētahi atu pūkenga hauora rānei.

Mēnā kei te āwangawanga koe ki te ahunga o ō mōhiohio, te hunga whai wāhi rānei, me whakapuaki koe i aua āwangawanga. Kāore e taea e koe te aukati i ngā wā katoa i te whākinga o ō mōhiohio hauora.

I ētahi wā ka whakaaetia e te ture kia whākina ō mōhiohio hauora. I te itinga rawa me mōhio koe kei te aha, ā, he mea nui hoki kia mōhio ngā pūkenga hauora mēnā ka whakahē koe i te whākinga.

Ka kite anō koe i ō mōhiohio hauora?

Kei a koe te motika kia kite i ō mōhiohio hauora.

Uia noa tō pūkenga hauora ki te whakaatu i tō kōnae ki a koe, tonoa rānei he tārua māu.

Mēnā ka tono koe kia kite koe i ō mōhiohio hauora, me urupare te umanga hauora i roto i te 20 rā.

Ka aha mēnā kāore koe i kite i ō mōhiohio hauora?

Mēnā ka tono koe kia kitea e koe ō mōhiohio hauora, ā, kāore e urupare te umanga i roto i te 20 rā, tukuna atu he whakamaharatanga, tāpaetia rānei he amuamu ki te umanga. Ki te kore koe e rata ki te urupare a te umanga, ka taea te amua-mu atu ki Te Mana Mātāpono Matatapu.

Me whai pūtake tino pai te umanga mēnā e whakahētia tō tono. Mēnā ka whakahētia tō tono, ka tuku rānei i tētahi wāhanga anake o ō mōhiohio, ka āhei koe te tono i te Mana Mātāpono Matatapu kia arotake ia i taua whakataunga.

Me aha mēnā kei te hē ō mōhiohio hauora?

Mēnā ki tō whakaaro kei te hē ō mōhiohio, kei a koe te motika ki te tono kia whakatikahia.

Ko te tikanga, kāore e mukua ngā mōhiohio i ngā kōnae e ngā umanga – he mea hira te tuhituhi i ngā mea katoa i tūpono. Engari, ki tō whakaaro he hē ngā mōhiohio kei te kōnae, ka āhei te kī atu ki a rātou he aha ngā mōhiohio tika. Ā, ka āhei koe te tono kia tuhia ō whakaaro ki tō kōnae, kia kitea ai ērā katoa e titiro ana ki tō kōnae i ō whakaaro, me te whai whakaaro ki ēnei.

He aha te tau Taupū Hauora ā-Motu?

Ka tautuhi tō tau Taupū Hauora ā-Motu i a koe mō ngā pūtake hauora. Ka whakamahia anake e ngā tāngata, ngā whakahaere rānei e whai wāhi ana ki te rāngai hauora.

Me pēhea ki te kore au e rata?

I te tuatahi me kōrero tonu atu ki te umanga hāngai kia āhei ai rātou te whakatika i ngā mea mōu.

Ki te kore koe e rata ki tā rātou mahi urupare, ka taea te amuamu ki Te Mana Mātāpono Matatapu. Hei tauira, ka taea te amuamu mēnā:

- kua whakakoretia tō āhei ki ō mōhiohio, kua meko rānei te umanga ki te whakatika i ō mōhiohio.
- ki tō whakaaro kua whākina hētia atu ō mōhiohio ki tangata kē.
- ki tō whakaaro kua hē te whakamahi i ō mōhiohio, kua whakamahia rānei me te kore whakarite kia tōtika aua mōhiohio
- ki tō whakaaro, kāore i rokiroki haumarutia ō mōhiohio.

Me pēhea taku tāpae amuamu ki Te Mana Mātāpono Matatapu?

He māmā, he koreutu. Tukuna mai he īmēra, reta, whakapā rānei ki tā mātou waea uiui ko te 0800 803 909.

Ka taea anō e koe te tuku amuamu tuihono, tiki-ake rānei i te puka amuamu mai i te paetukutuku www.privacy.org.nz. Ka taea anō e koe te tuku puka amuamu mā te pōhi, waea hiko rānei.

Ā MĀTOU TAIPITOPITO WHAKAPĀ

Te Mana Mātāpono Matatapu

Pouaka Poutāpetā 10094

Te Whanganui-a-Tara

WAEA UIUI

Waea koreutu ki 0800 803 909, īmēra rānei ki enquiries@privacy.org.nz.

Kāore mātou e āhei te hoatu i ngā tohutohu ā-ture, engari e āhei ana te kōrerorero ki a koe mō ētahi o ngā take ka whai wāhi, mō ngā ture e hāngai ana, me ētahi huarahi hei whai māu pea.

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