

Your West Coast Health Services

Health New Zealand
Te Whatu Ora

Our community, our whānau and patients are at the centre of healthcare on the West Coast. Over 1000 staff, who call the Coast home, work together in the West Coast Health system and make a positive difference for Coasters.

The Coast's rugged coastline, spectacular rivers, rainforests and glaciers make it unlike anywhere else in New Zealand - this is also true for how we deliver healthcare on the Coast.

To ensure our health system is sustainable and reflects the unique needs of our community, our teams and services are unique.

The growth of Rural Generalist clinicians has been a game-changer to allow us to provide more care closer to home. Primary care, such as GPs and pharmacies are at the heart of our system. Our teams are dynamic and continue to flex and adapt to the unique challenges and different locations that makes the Coast so special.

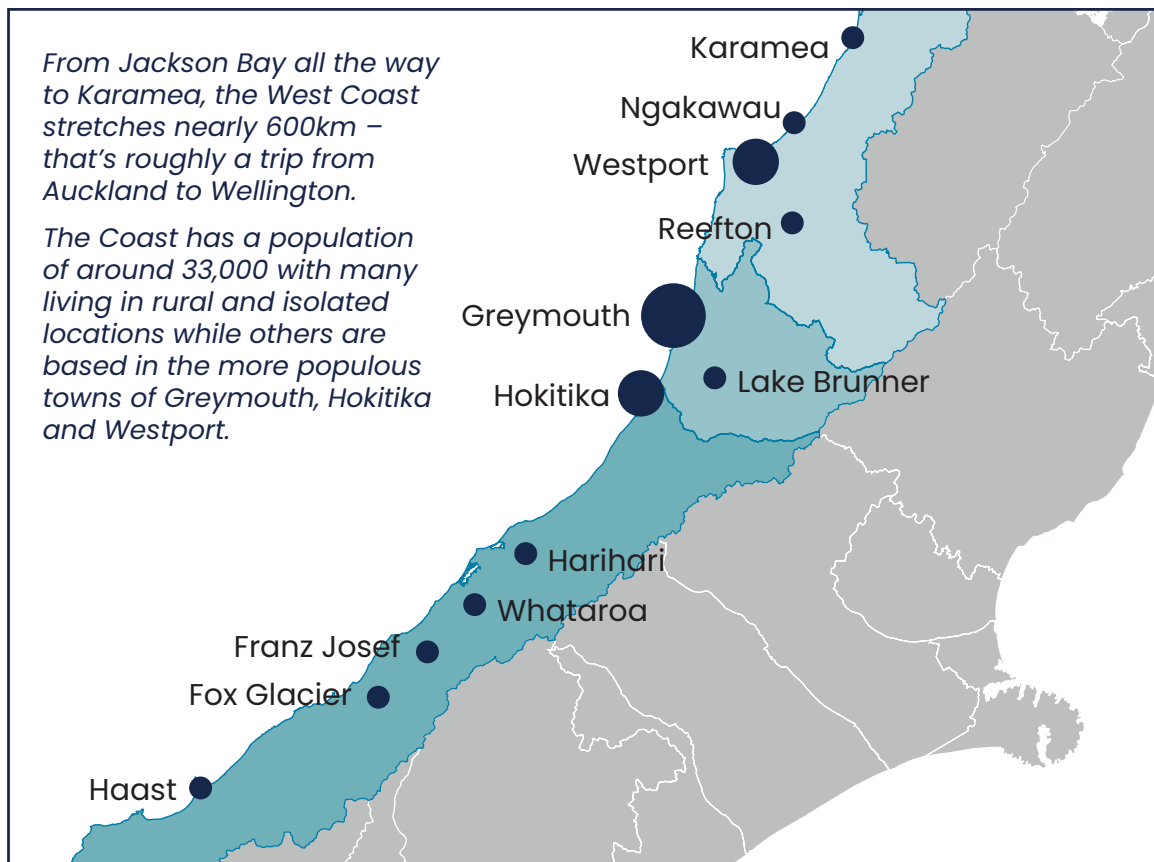
Ka Ora – health advice over the phone

West Coasters, and visitors to the Coast, can now use Ka Ora Telecare for free health advice and treatment on weekends, evenings, and public holidays. The Ka Ora team can advise whether you need to see a health professional.

- Connect with Ka Ora by either calling 0800 252 672 or accessing their website kaora.co.nz.
- Available between 5pm and 8am on weeknights and 24 hours a day on weekends and public holidays.
- Call for free advice (then, depending on your age and level of care needed, if you need to speak with a health professional there may be a charge).
- There is a still an in-person service available for those who need it. The Ka Ora GP will refer you to the in-person service available in your area if you need it.

From Jackson Bay all the way to Karamea, the West Coast stretches nearly 600km – that's roughly a trip from Auckland to Wellington.

The Coast has a population of around 33,000 with many living in rural and isolated locations while others are based in the more populous towns of Greymouth, Hokitika and Westport.



Karamea Health Centre
21 Waverley Street, Karamea
Ph. 03 782 6710

Ngakawau Health Centre
1c Main Road, Ngakawau
Ph. 03 788 5062

Buller Health – Te Rau Kawakawa
46b Cobden Street, Westport
For clinics and specialist services
Ph. 03 788 9030
For reception GP and nurse consults
Ph. 03 788 9277

Reefton Health
103 Shiel Street, Reefton. Ph. 03 732 8605

Lake Brunner Clinic
49 Koe St, Moana. Ph. 03 738 0003

Te Nīkau Hospital & Health Centre
71 Water Walk Road, Greymouth
Reception: 03 769 7400
GP appointments: 03 769 7400

Hokitika Health Centre
59 Sewell Street, Hokitika
Ph. 03 755 8044

Hari Hari Clinic
95 Main Street, Hari Hari
Ph. 03 753 3008

Whataroa Clinic
Scally Road, Whataroa
Ph. 03 756 1080

South Westland Area Practice
97 Cron Street, Franz Josef
Ph. 03 752 0700
Freephone: 0800 794 325

Fox Glacier Clinic
State Highway 6, Fox Glacier
Ph. 03 751 0836

Haast Clinic
5 Tahutahi Road, Haast
Ph. 03 750 0800

***Kawatiri Health**
6 Bentham Street, Westport
Ph: 03 789 5000

***Coastal Health Limited**
70 – 74 Cowper Street, Greymouth
Ph: 03 768 5942

***Westland Medical Centre**
54A Sewell Street, Hokitika
Ph: 03 755 8180

** privately owned practice*

Remember in an EMERGENCY dial 111.

- Making an appointment with a GP or nurse is the best way to get treatment as it means you'll spend less time waiting.
- Order repeat prescriptions well in advance, to avoid any delays.
- If you have an urgent healthcare need and cannot make an appointment, you will be assessed by a nurse and may have to wait to be seen by one of the team.
- If non-urgent – call for an appointment or book online.
- Phone Ka Ora Telecare for primary care services on weekends, evenings, and public holidays. The service is available between 5pm and 8am on weeknights and 24 hours a day on weekends and public holidays. You can connect with Ka Ora by calling 0800 252 672 or via their website kaora.co.nz.
- If you need health advice, you can call Healthline 24/7 on 0800 611 116
- It's important to seek immediate help in an emergency – don't delay. If you are injured or experiencing severe symptoms, it's critical that you still call 111.

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 www.instagram.com/hnzwestcoast